

# Mid-America Gastro-Intestinal Consultants, P.C.

Mark J. Allen, MD • Perry J. Culver, MD • J. Edward McCullough, MD

Patricia A. Sanchez, MD • Sandra A. Hoover, APRN-BC

## Upper Endoscopy Prep (EGD)

### Your Prep Instructions Are As Follows:

1. The **DAY BEFORE** the procedure **DO NOT EAT OR DRINK AFTER MIDNIGHT**. If your procedure is at 1pm or later you may have 6 oz of water up to 4 hours prior to your procedure time.
2. The morning of the procedure avoid taking any medications unless otherwise directed.
3. You will be sedated for this procedure. You will **NEED SOMEONE TO DRIVE YOU HOME, NO MODE OF PUBLIC TRANSPORTATION WILL BE ALLOWED INCLUDING TAXIS, BUSES, OR WALKING ALONE**. Please **HAVE YOUR DRIVER WITH YOU AT CHECK-IN** to verify your ride. Sedation may cause temporary loss of memory. Be aware that you may not remember results given to you by your doctor following the procedure.
4. **THE MORNING OF THE PROCEDURE DO NOT APPLY ANY LOTION, BABY OIL, VASELINE, BODY SPRAY OR MASCARA.**
5. Please note that like surgery, procedures take varying amounts of time depending on their complexity. While we try to remain on schedule, occasional prolonged procedures may delay subsequent ones. We will try to keep you advised of any delays.

**OUR OFFICE REQUIRES 72 HOURS NOTICE FOR CANCELLATIONS,  
DUE TO THE TIME WE ALLOW FOR YOUR APPOINTMENT**

If you have any questions regarding your prep instructions, procedure or payment, please do not hesitate to call our office at **(816) 561-2000**.

### LOCATIONS:

- Main Office – 4321 Washington, Suite 5600 – Medical Plaza III – Kansas City MO 64111
- Saint Luke's GI Diagnostics – 4321 Washington, Suite 5700 – Medical Plaza III – Kansas City MO 64111
- Saint Luke's Hospital – 4401 Wornall Road, PEET Center – Kansas City MO 64111
- North Office – 9411 North Oak Trafficway, Suite 280 – Kansas City MO 64155
- Shoal Creek Surgery Center – Mosaic Life Care – 8880 NE 82<sup>nd</sup> Terr. – Kansas City MO 64158
- Saint Luke's South Surgery Center – 12541 Foster St., Suite 120 – Shawnee Mission, KS 66213

**Contact Phone 816-561-2000 • FAX 816-931-7559**