

# **Mid-America Gastro-Intestinal Consultants,P.C.**

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## **Helicobacter Breath Test**

**We have scheduled you for a helicobacter breath test on \_\_\_\_\_  
at \_\_\_\_\_am/pm.**

### **YOUR PREP INSTRUCTIONS ARE AS FOLLOWS:**

1. Nothing to eat or drink 6 hours before your test.
2. Do not take any medications the morning of the test.
3. No antibiotics or bismuth (Pepto Bismol) one (1) month before your test.
4. No proton pump inhibitors (Prevacid, Prilosec, Protonix, Nexium, Aciphex, Zegrid) or Sucralfate (Carafate) for two (2) weeks before your test.

If you have any questions regarding your prep instructions, procedure or payment, please do not hesitate to call our office at **(816) 561-2000**.