

Mid-America Gastro-Intestinal Consultants,P.C.

Mark J. Allen, MD - Perry J. Culver, MD - J. Edward McCullough, MD - Patricia A. Sanchez, MD

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We have scheduled you for a PH monitor exam on

Date: _____

Time: _____ am/pm.

Check in at _____ at Saint Luke's Hospital Outpatient Peet Center
4401 Wornall, Kansas City, MO. 64111

YOUR PREP INSTRUCTIONS ARE AS FOLLOWS:

1. Nothing to eat or drink 4 hours before exam.
2. Stop Carafate and Reglan the day before the exam.
3. Stop H2 blockers 5 days before the exam.
 - a. Tagament (cimetidine)
 - b. Zantac (ranitidine)
 - c. Pepcid (famotidine)
 - d. Axid (nizatidine)
4. Stop Prilosec, Prevacid, Aciphex, Nexium, Dexilant, Zegerid and Protonix seven (7) days before the exam.
5. You may use Mylanta, Maalox, Tums or Roloids if you need them.

If you have any questions regarding your prep instructions, procedure or payment, please call our office at **(816) 561-2000**.