

Mid-America Gastro-Intestinal Consultants, P.C.

Mark J. Allen, MD – Hillary Bownik, MD – Sakher Albadarin, MD

2 Day Colonoscopy Prep (SUPREP)

We have scheduled you for a colonoscopy on _____ at _____ am/pm.

Location of the procedure will be at:

- () Saint Luke's - G.I. Diagnostics, LLC, 4321 Washington St., Medical Plaza III, Ste. 5700
- () Saint Luke's Outpatient PEET Center, 4400 Wornall Rd – check in on the 1st floor.
- () St. Luke's Surgery Center Shoal Creek, 8860 NE 82nd Terrace, KCMO 64158
- () Mid-America Surgery Institute, 5525 W 119th St, Leawood, KS 66209

Please register by _____ am in order for us to provide our services in an efficient manner.

YOUR PREP INSTRUCTIONS ARE AS FOLLOWS:

1. **2 DAYS BEFORE** the procedure you may **NOT** have **ANY SOLID FOOD ALL DAY**. You may have **CLEAR LIQUIDS ONLY**. This includes black coffee, tea, soda – such as Coke/Pepsi, (Diet is OK), 7-Up/Sprite, Apple Juice, Gatorade, Popsicles, Jell-O, broth and bouillon. **NOTHING** red or purple.
2. At **6:00pm**, 2 days prior to procedure, you will drink one (1) bottle of Magnesium citrate. **You will need to purchase this over the counter.**
3. Your kit will include two (2) 6 ounce bottles of the SUPREP oral solution and a 16 ounce mixing container.
4. At **6:00pm**, evening before procedure, you will pour **ONE** (1) 6 ounce bottle of SUPREP liquid into the mixing container, then add cool drinking water to the 16 ounce line on the container and mix. Drink **ALL** of the liquid in the container. After finishing all of the liquid you **MUST** drink **TWO** (2) more 16 ounce containers of water over the next hour.
5. **4 hours** prior to your check-in time, you will need to repeat step 4 in full.
6. Don't take any medication the morning of the procedure unless directed to do so. **PLEASE DO NOT APPLY ANY LOTION, VASELINE, BABY OIL, OR BODY SPRAY THE MORNING OF THE PROCEDURE.**
7. You will be sedated for this procedure. **YOU WILL NEED SOMEONE TO DRIVE YOU HOME. NO MODE OF PUBLIC TRANSPORTATION WILL BE ALLOWED, INCLUDING TAXIS, BUSES, OR WALKING ALONE.** Please have your driver with you at check-in to verify your ride. Sedation may cause temporary loss of memory. Be aware that you may not remember results given to you by your doctor following the procedure.
8. Please note that like surgery, procedures take varying amounts of time depending on their complexity. While we try to remain on schedule, occasional prolonged procedures may delay subsequent ones. We will try to keep you advised of any delays.

**OUR OFFICE REQUIRES 72 HOURS NOTICE FOR CANCELLATIONS,
DUE TO THE TIME WE ALLOW FOR YOUR APPOINTMENT.**

If you have any questions regarding your prep instructions, procedure or payment, please do not hesitate to call our office at **(816) 561-2000**. You may also visit our website at **www.gimagic.com**