

BRAVO pH Study Patient Instructions

- Please utilize the pH recorder to keep a record of when you experience symptoms and when you have meals.
- All buttons on the recorder will only record your symptom when the screen is lit up. You can turn the screen on by pressing any button on the recorder.
 - The screen will go dark in between uses to conserve battery.
 - Once the screen is lit up – you may press the appropriate button to record your events.

BUTTONS ON THE RECORDER

There is a Meal Button, there is a Supine (laying down) Button, and there are **3** symptom buttons.

- Chest Pain
- Cough
- Heartburn

Continue reading for further instructions.

- How to use the **Meal Button**:
 - Make sure the screen is lit up and on – this can be done by pressing any button on the recorder
 - Press the meal button once at the start of your meal – the LED light on the button will begin to blink
 - Press the meal button again at the end of your meal. The LED light will stop blinking.
- How to use the **Supine (lying down) Button**
 - Make sure the screen is lit up and on – this can be done by pressing any button on the recorder
 - Press the Supine button once the screen is lit up when you lay down in bed – the LED light will begin to blink

- Press the Supine button when you are done lying down.
- How to use the **Symptom Buttons**
 - When you have a symptom press the appropriate symptom button for what you are feeling
 - As described above you **MUST** make sure the screen is lit up in order to record your symptom. This can be done by pressing any button on the recorder.

Important:

- **If the recorder starts to alarm you have moved too far away from it. Hold the recorder up to your chest until it silences to reactivate it.**
- **When showering or sleeping find a place close by to set the recorder so it can still work appropriately.**
 - **DO NOT GET THE RECORDER WET**
- **If you forget to record a symptom or a meal – please write it down on the provided diary sheet.**