

Mid-America
Gastro-Intestinal
Consultants, P.C.

Mark J. Allen, MD ~ Hillary L. Bownik, MD

Sakher M. Albadarin, MD ~ Sandra A. Hoover, APRN, BC

Stephanie Justin, APRN, FNP-BC

Helicobacter Pylori Breath Test

We have scheduled you for a helicobacter breath test on _____ at
_____ am/pm.

YOUR PREP INSTRUCTIONS ARE AS FOLLOWS:

1. Nothing to eat or drink 6 hours before your test.
2. Do not take any medications the morning of the test.
3. No antibiotics or bismuth (Pepto Bismol) one (1) month before your test.
4. No proton pump inhibitors (Prevacid, Prilosec, Protonix, Nexium, Aciphex, Zegrid) or Sucarlfate (Carafate) for two (2) weeks before your test.

If you have any questions regarding your prep instructions, procedure or payment, please do not hesitate to call our office at (816) 561-2000.