

Mid-America  
Gastro-Intestinal  
Consultants, P.C.

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## **Helicobacter Pylori Breath Test**

We have scheduled you for a helicobacter breath test on \_\_\_\_\_ at \_\_\_\_\_  
am/pm.

### **Your Prep Instructions Are As Follows:**

1. Nothing to eat or drink for 6 hours before your test.
2. Do not take any medications the morning of your test.
3. No antibiotics or bismuth (Pepto Bismol) for one month before your test
4. No proton pump inhibitors (Prevacid, Prilosec, Nexium, Dexilant, Aciphex, Zegerid) or Sucralfate (Carafate) for two weeks before your test.

If you have any questions regarding your prep instructions, procedure or payment, please do not hesitate to call our office at (816) 561-2000.